



*10<sup>th</sup> Annual  
Kootenay Team  
Pursuit  
Team Time Trial  
"Bombi" Bike Race  
119km  
Sunday,  
June 27th, 2010  
Nelson, B.C.*

*4 Person Teams*

Mens ~ Womens ~ Mixed  
**9:00 and 10:00 a.m.  
Start**

**Register** by mail, fax, or in person at  
Gerick Cycle  
702 Baker Street,  
Nelson, B.C. V1L 4J6  
Fax (250) 354-1422  
Phone (250) 354-4622

**Registration Deadline:**  
Friday, June 18th, 4:00 p.m.

Helmet & Bicycle checks are required at the check-in. If you are uncertain if your bike is in good working condition it is recommended to have it checked over well prior to the race date. ANSI or SNELL approved helmets are mandatory.

**The race course:**  
The race begins just outside of Nelson on highway 3A and takes you on back roads to and through Castlegar. It then travels over the Bombi Summit on highway 3, turning towards Salmo on highway 3B and traveling through Salmo on highway 6. It continues heading towards Nelson and ends at the Nelson Nordic Ski Club's hut located at the bottom of the road leading to Whitewater Ski and Winter Resort.

Detailed maps are attached.

Teams are responsible for knowing the route and it is advised to drive the racecourse prior to participating if you are unfamiliar with the course. Race marshals will not be at any intersections. The race is completely "self marshaled". You must **LOOK BOTH WAYS BEFORE CROSSING THE ROADS!**

Teams will depart at 5 minute intervals. Team start times will be randomly picked. **Slower teams will begin at 9:00 a.m.**

## **Registration Form**

**Category:**

Men's \_\_\_\_\_  
Women's \_\_\_\_\_  
Mixed \_\_\_\_\_

Team Name \_\_\_\_\_  
Team Captain \_\_\_\_\_  
Email \_\_\_\_\_  
Telephone \_\_\_\_\_

Names:	Age
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

*Entry Fee: 30.00/person. Includes Sushi & Beer after party.*

Checks are payable to Gerick Cycle.

## Gerick Cycle Waiver and Hold Harmless

I understand that I am applying to ride in an open highway race course of 119 kilometers, and that all risks and hazards foreseen or unforeseen, that I encounter on the day of the race are taken at my own peril and assumed by me. I will hold the sponsors of the race harmless and not liable for any injury or damage incurred in or consequent to participating in the race, including individuals working with the sponsors. I recognize that this ride is strenuous and I have had the necessary training and experience to participate in this ride. I understand that the ride will be on public highways used by motor vehicles and that participants must obey the laws of the Province of British Columbia as related to bicycles on public highways. The race will cross over busy highways several times and I agree to obey all traffic rules and safety regulations.

1. Signature: \_\_\_\_\_  
Printed Name: \_\_\_\_\_  
Address \_\_\_\_\_  
Email \_\_\_\_\_
2. Signature: \_\_\_\_\_  
Printed Name: \_\_\_\_\_  
Address \_\_\_\_\_  
Email \_\_\_\_\_
3. Signature: \_\_\_\_\_  
Printed Name: \_\_\_\_\_  
Address \_\_\_\_\_  
Email \_\_\_\_\_
4. Signature: \_\_\_\_\_  
Printed Name: \_\_\_\_\_  
Address \_\_\_\_\_  
Email \_\_\_\_\_

\*All four team members must sign prior to racing.

There will not be first aid or bicycle repair stations. It is recommended, however not required, that each team have a support person & vehicle for first aid, bicycle repairs, hydration, food, and medical assistance if required.

If a support vehicle is not available, each team member should carry at least 2 liters of water, enough food and all bicycle maintenance items than may be needed.

Kootenay Valley Water Supply will provide water at the start, at the Bombi Summit, and at the finish.

Please note that this is considered a “fun event” meant to offer an opportunity and a challenge to individuals participating.

All teams must cross the finish line with at least 3 members. A bonus time of 10 minutes will be deducted from teams with all 4 riders crossing the finish line together.

Prizes, food and refreshments will be held at the Nelson Nordic Ski Hut immediately following the event.



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